

FR

August 2021

AGNEL

SHRAM NEWS



FREEDOM

Overcoming Impossible Odds

FR. AGNEL
ASHRAM

NEWS

August 2021

Contents

Editorial	3
Justice and Peace or Tyranny in Disguise	5
The Assumption of Our Lady- Its relevance to modern times	6
Agnel Happenings	9
Sharpen your perspective Power	15
Fr. Agnel Blessings	17
Out of their Bounty	18
Fr. Agnel's Blessing	19

Printed & Published by:

Fr. Peter D'Souza, sfx on
behalf of Agnel Publications

Editor:

Fr. Jose Alarico Carvalho, sfx.

Printed at:

S.B.M Printers
C-130, Ansa Industrial
Estate, Andheri East,
Mumbai - 400072

Place of Publication:

Fr. Agnel Ashram, Bandstand,
Bandra, Mumbai - 400 050.

Single Copy Price: Rs. 15

Annual Subscription: Rs. 150



Fr. Agnel Ashram

P.B. No. 6656, Bandstand, Bandra (W), Mumbai - 400050.

Ph: 022-6711 4000 Fax: 6711 4001 e-mail: agnelashramnews@gmail.com

Birthday Of Mother Mary Bandra Feast

Dear Friends,

On the occasion of the feast of Mother Mary we pray sincerely for your well being in these difficult times of Pandemic. May Mother Mary be our support and guide in the coming months.

We are grateful to you for your sincere help and support to us over the past many years. Your contribution has helped the needy to build a better future in their life specially the children in our homes located at Bandra, Vashi, Pune, Goa and Greater Noida.

Together we can build a future that will make the people escape poverty passed from generation to generation.

With Grateful Heart,

Fr. Superior,

Agnel Ashram

1. Donations to Society of St. Francis Xavier, Pilar, are exempted from Income Tax.
2. It is mandatory to quote your Name, Address & PAN NO.
3. Please issue CHEQUE/DD/MO in favour of "SOCIETY OF ST. FRANCIS XAVIER, PILAR."



ACCOUNT NAME	ADDRESS	Bank A/C NO.
SOCIETY OF ST. FRANCIS XAVIER, PILAR	Union Bank of India Mumbai-Bandra Baitul Sharaf, 105, Hill Road, Bandra (West), Mumbai- 400050.	520141000955503
IFSC : UBIN0901202		

Please detach the Form below and return it with your generous offering

Fr. Superior,

Fr. Agnel Ashram P.B. No. 6656,
Bandstand, Bandra (W), Mumbai - 400 050

Dear Fr. Superior,

I am sending my Cheque/Draft/M.O. for _____ as my
EASTER GIFT for a poor child under your care.

Name. & Address _____

Ph: _____ BirthDate: _____ Signature: _____

Pan No.: _____ Our Ref.No. _____

The Weaponization of Falsehood

Right from the time homo sapiens appeared on earth, he has used falsehood (hate, discrimination, prejudice) as an instrument of oppression. It is believed that Kenyapithecus, the humanoid who has appeared on earth in Eastern Africa (Kenya) around 200,000 B.C. years ago, decimated the Neanderthal, the humanoid who appeared in Europe (Netherlands) around the Ice Age, about 120,000 years B.C., because he was weak and did not have the stamina that the Kenyapithecus had. The Bible while referring to the first humans, has a story of two brothers Cain and Abel. The latter was killed because Cain thought that God liked Abel more than him.

Closer at home, around 3,500 years before Christ, a new social arrangement was made to organize the community, so that different needs of people could be catered for, in an orderly manner, for the benefit of all. Not everyone could master the art of melting metal and shaping it into implements of agriculture or weapons of war. It is obvious that this idea of

organizing work became a human imperative in order to scale those activities for agricultural production (ploughs, spades, sickles) and for weapons of war or even domestic implements.

Karl Wittfogel, historian and political scientist in his seminal work 'Oriental Despotism' (1957) suggests that the growth of agriculture and the need to irrigate lands created entire communities and civilizations based on the division of work, required for agriculture. Not many agree with his obsession that irrigation was the major reason why the organization of populations was arranged according to their profession. The organization of work in modern administrative set ups (governments, corporations, communities, etc.) must have had a more primitive form or order.

In India however, the rise of Manu idea, that the division of work is not only good for the community, but also a divinely mandated order, became the longest, stratified and most embedded oppressive system in the world. The Manu law, comes up with the bright idea that every human being comes to the earth with his or her burden of karma which fatalistically stays with him or her for life, as a caste inheritance. So, an entire classification system, follows from there, that a particular profession is unclean but is his or her due, and therefore any oppression against him or her is justified by divine dispensation.

Other more cruel although not lasting as the caste system in India, existed in the form of the oppression of African races by the white races, leading to the legitimization of the slavery; more recently the Nazi idea that labelled jews as enemies of state and therefore needed to be exterminated

or even the Zionist idea that the land of Israel is its divinely granted inheritance and therefore the Palestinians if at all, are allowed to live as second class citizens,

only at the mercy of the jewish state are also legitimized weapons of oppression.

Each time, a powerful organization with superior force and authority, labels weaker elements as inefficient, harmful and therefore in need of being corrected, it generally creates a false narrative against them. For a long time, the teaching of human geography in schools had that unproven and false thesis as the main cause of poverty and the population in India – and the thesis was that the poor produce more children, and they cause overpopulation and as a result add to poverty.

Almost at all times the labelling is false and unproven, and the more false it is, the more it is used as weapon to beat those accused with it, in the name of crime, colour, profession,

Each time, a powerful organization with superior force and authority, labels weaker elements as inefficient, harmful and therefore in need of being corrected, it generally creates a false narrative against them.

language, or simply even the idea. The powerful thus weaponize a falsehood that they create and beat others with that falsehood. The Indian caste system, the Nazi committed holocaust, the enslavement of the Blacks, are all acts of oppression, weaponised with falsehood.

Recently Fr. Stan Swamy, died when under arrest for falsely being accused of Marxist connection even as an idea. This accusation was a creation of the incumbent power, fabricated to ensure that all those who profess an ideology that legitimizes resistance against any socially oppressive system or measure is the enemy number of the state. Both were the fabrication of the NIA, to keep the lid against Marxists, be they political or violent Naxalites. So the NIA submitted to the Court that Stan cannot be granted bail even on grounds of serious illness, because if he is free, he is a danger to the

nation. That was weaponization of the falsehood of the ultimate type. The weaponization of falsehood demands that it is pursued relentlessly since it lacks any evidence, but is only sustained through repeated and fabricated accusations.

The Church has been no exception and is so even now. In a uniquely archaic fashion the conservative Hierarchy of USA has decided

to deny communion “the sharing of the consecrated wafer which in the Catholic Faith is a ‘sacrament’ – the Body and Blood of Christ as a food of life.

Their objection is that as a

Democrat he has not opposed the abortion laws that have become law in many states allowing abortion in specialized situations. The Catholic Church is no stranger to this weaponry and has used it liberally in the past and continues to do so even now!

Jose Alarico Carvalho

**Do not Expect Justice where
might is right.**

-Plato



**There is no Joy Greater
than the Joy of
GIVING**

Sosamma Saji, U.A.E.

I am enclosing a cheque for ₹.35,000 towards your sponsorship scheme for the orphan boys in your Balbhuvan. Kindly pray for us.

Sabina Simon, Nagpur

Enclosed is a Donation for ₹.16,000. Please utilize this amount for the orphan boys. Please request the children to pray for me and my family. Thank you.

Hugh Gantzer, Uttarakhand

Enclosed is a cheque for ₹.10,000. Kindly use this amount for the maintenance and education of the orphans under your care. Please

remember us in your prayers.

Kurian Thomas Chittutara., Kerala

I am sending herewith a cheque for ₹1,000 for buying gifts for the orphan children sponsored by us. By the grace of God I was blessed with a better job and I would like to share that joy with these children. Do continue to pray for our family.

Sairus Rangoonwala, Mumbai.

I enclose a cheque of ₹.1,000 as my contribution towards the charitable works that you do, especially taking care of orphan and destitute children. Please pray for me and my family.

Justice and Peace or Tyranny in Disguise

-Leon Bent

This is a Eulogy on the many vicious ‘near-deaths’ the Indian Constitution has seen, as our nation is placed on the trembling edge of an erupting volcano.

Satan is on a ruthless prowl in and through the Indian Government! Christians and the Church in our Country must foil attempts to shut the door on Jesus’ Reign of Justice and Peace, which go hand in hand.

The Church’s social teaching is a rich treasure of wisdom about building a just society and living in holiness, amidst the challenges of modern society, especially to respect the Life and Dignity of the Human Person! God’s word teaches: “As you did it to one of the least of my brethren, you did it to me” (Mt. 25:40). Unfortunately, our Government has definitively ignored this crucial teaching.

First, the atrocious and discriminatory Citizenship Amendment Act is a devious ploy to change the soul of the Indian Constitution into that of a Hindu Rashtra.

In India, many tribal people still live a nomadic life without any document or identity certificate. It’s the same with countless landless people who are totally dependent on the landlords they have been slaves of, for generations. What citizenship proof will Tribal people who still don’t have access to electricity, furnish? The brutal Central Government will term all of them as ‘foreigners’. In reality, Muslims are just an excuse; the real target of the government is the aboriginal Bahujans. They comprise 85 percent of India’s population, but have been divided into 6,000 different castes.

Second, the NRC (National Register which documents all illegal citizens in India) **is an injustice not only against the Muslim community, but also Dalit, Tribal (Adivasi), Vanvasi, Tamil, Gorkha and atheists.** This is one of the world’s greatest discriminatory laws based on religion. The citizenship law is against the ethos of the Indian

Constitution and what it means to be Indian.

Third, at the Jamia Millia Islamia (Muslim) University, the police transgressed all limits of autocracy by carrying out a brutal baton charge against hapless students. Then, it tried to completely crush the movement. But today, this crusade has spread to university campuses across the country. The Northeast, too, is on fire; there are riot-like situations in Uttar Pradesh while tension is high in the rest of the Hindi belt.

Fourth, the Maharashtra police have blamed the Dalit-Bhima Koregaon violence on ‘seditious and inflammatory’ speeches made at the Elgar Parishad’s Conference held on 31st December 2017. They claimed, with blatant falsehood, that the Parishad was organised by Maoists and arrested ten lawyers and activists under several provisions of the Unlawful Activities (Prevention) Act. Justice P.B. Sawant, a former Supreme Court Judge, one of the organisers of the Elgar Parishad, said: “The BJP loyalists stoked the fire no Maoists were involved in the programme and that, the activists have been arrested, without a Court hearing till date (25th August, 2021), simply because they criticised the Government.

Fifth, the 2,00,000 Indian Farmers’ Revolt: A sea of tens of thousands of farmers, mostly from Punjab, Haryana and Western Uttar Pradesh, have been camping at several Delhi border points since 26th November 2020, demanding a repeal of three dictatorial farm laws — The Farmers’ Produce Trade and Commerce (Promotion and Facilitation) Act, 2020, The Farmers (Empowerment and Protection) Agreement on Price Assurance and Farm Services Act, 2020 The Essential Commodities(Amendment) Act, 2020 -- are the three key legislations passed by Parliament in September 2020.

Sixth, the Government, Fascists and Fundamentalists, Killed Fr. Stan Swamy, a renowned human rights and social justice

Contd. on pg 14

The Assumption of Our Lady- Its relevance to modern times

-Christine D'Sylva

Abandon yourselves into the hands of Mary. She will take care of you

- St Padre Pio.

Tell everybody that God grants graces through the Immaculate Heart of Mary

- St Jacinta Marto.

Independence day that Indians celebrate on August 15 each year commemorates the victory of our nation overcoming the British rule. Finally on the 15th of August 1947, officially we celebrate our triumph of gaining our independence as a democratic and free nation.

It is therefore a day of dual joy for us Christians for it is on this day that we also celebrate the feast of the Assumption of Our lady.

As Christians we believe that the mother of Jesus Christ was Mother Mary. She was born without the stain of original sin. Her simple perfect character pleased God the Father who selects her from hordes of other young women and chooses her as the mother of his only begotten son, Jesus.

She was chaste and because the power of the Holy Spirit overshadows her, she gets pregnant and conceives Jesus after her marriage to St Joseph.

The Assumption of Mary is simply explained that when Mother Mary died on Earth, her body was assumed or taken up into Heaven, body and soul instead of going through the natural process of physical decay

Some people wonder that why Mary died physically if she was perfect and free from original sin.

Jesus, her son and the Son of God was also perfect and free from the stain of original sin yet he too was crucified and died. Three days later after his

earthly burial, he was resurrected miraculously from the dead.

We have to remember that while Mary was perfect, her body was mortal and as a human being she was subject to death. But God did not want her body to return to earth as dust to dust and ashes to ashes like other mortals. He reveals his deep love, regard and respect for her but ordering his legion of angels to carry her bodily to Heaven and here she would share in the glory of God and meet her son, Jesus and be united with him forever.

The Holy Family consisting of Mother Mary, St Joseph her earthly husband and her son, Jesus Christ are reunited in Heaven as the blessed Holy Family in commune with each other and sharing heavenly glory.

Theologians describe the Assumption beautifully-“The Queen enters triumphantly into the royal halls of Heaven and sits at right hand of the throne of the Redeemer.”

Even when the angel Gabriel first visits Mary, she greets her with the words,” Hail Mary full

of grace, the Lord is with thee, blessed are you amongst all women and blessed is the fruit of the womb Jesus”

That special greeting is viewed by theologians as removing the curse of Eve’s fall from grace and rendering Mary special divinity that mere mortals never have.

What can we learn from the Assumption of Our Lady? How is this feast relevant to modern times?

Firstly, we must understand that our journey on earth is not forever. Earth is our home but never a permanent one. Our journey on earth is a short, temporary one and it must be a good meaningful one for we have to keep our eyes in the eternal



home- Heaven.

Once we grasp this, we no longer question the mysteries of life but we accept them gracefully knowing the ultimate prize can be within our grasp. The ultimate prize is heaven, where we will rest eternally sharing this beautiful heavenly abode with God the father, the Holy Family and all the angels and saints.

We must also realise that just because Mother Mary bore the Son of God, her life was not easy. She never dwelt in a palace, had great luxuries or was venerated greatly by everyone. In fact she led a rather simple, unassuming life. But her life was

We must also realise that just because Mother Mary bore the Son of God, her life was not easy.

never an easy one. It was filled with joy yet deep pain too. She brought up Jesus wonderfully to manhood. She watched him preach, performing great astounding miracles. Yet she watched him being questioned, admired, ridiculed, revered and ultimately betrayed and hated too. She suffered as he was tortured and saw him carrying his wooden Cross and then being crucified with nails on the Cross.

How her heart must have ached! Tears must have filled her eyes. She must have been filled with doubts that God the Father was really helping her and her son. Yet she persevered bravely, holding on to the faith tenaciously.

Her wisdom and grace teaches us in these modern times to hold on to our faith. Yes, troubles, famines, plagues, earthquakes may surround us. But not

a hair on our heads may be harmed if we trust implicitly in God's love and plan for our lives.

The biggest lesson we can learn is the tireless, unrelenting faith of this simple godly lady who trusted in God's love and power. It is a beautiful fitting example to inspire us no matter what our circumstances or status may be.

When Jesus left the world he gave us his Mother Mary as a comforter. Therefore we venerate her as our beloved Mother. A mother who will never forsake us not even when we stray from the narrow path. She beckons us with her pleading eyes to turn to her intercession and change our lives to please

her son, Jesus.

It is said that there never was a prayer Mother Mary never heard. St Thomas Kempis said, "Satan and hell tremble when I repeat Hail Mary."

If this is true and I am sure it is, then this Assumption let us be bold and filled with childlike faith. Let us approach Mother Mary in prayer to lead us to her son Jesus in every step we take in our earthly journey.

Let us recall and be inspired by the words of blessed Mother Theresa, "If you ever feel distressed during your day, call upon our Lady and say this simple prayer- 'Mary, Mother of Jesus please be a mother to me now' -I must say that this simple prayer has never failed me."

*Be a lamp unto yourselves! Work
out your liberation with diligence!
Fill your mind with compassion!*

-Gautama Buddha

Mother India

Saffron, white and green,
Today is all seen,
Proud to be an Indian,
We all scream.
Freedom forever has to live,
At the cost of their lives our warriors give.
Hard times they keep aside,
Upholding mother India's pride.
May our Tricolor always fly high,
Is their only motive until they die.
Let Freedom flow everywhere,
Because Sacrifices only some can bear
Pledges are taken to keep mother India safe,
Unfortunate deeds make her dark and unsafe.
Brave hearts lain down by working hard,
For mother India's safety let us all be on Guard.

~Sherol_Quadros

AGNEL CO-OPERATORS

You can join the Ashram Family by becoming a member of Agnel-Cooperators and enjoy the fruits of a Special Daily Mass offered at Fr. Agnel Ashram, Bandra for all the members. You will also enjoy the fruits of all the prayers and good works of the Agnel Ashram Fathers and entire Agnel Ashram Family.

Membership Fees:-

Ordinary Co-operators : Individual ₹.100/-

Family : ₹.500/-

Benefactors : ₹.1000/-

Patrons : ₹.5000/-

Please contact :

Rev. Fr. Superior. Fr. Agnel Ashram, Bandstand, Bandra(W), Mumbai-400 050.

The duty of youth is to challenge corruption.

-Kurt Cobain

Finding Ikigai – FragMag 2021

CRCE's annual magazine FragMag 2021 has been released with the theme 'Finding Ikigai'. Ikigai is a Japanese concept that translates to "a reason for being"; 'a reason to get up in the morning', to enjoy the meaning of life – passion, purpose, something one lives for. Ikigai is all about finding joy in life through a purpose. For many people, striving to find their purpose in life can resemble a winding quest filled with many twists and wrong turns. Some blindly follow passions that aren't based on reality, then wind up feeling discouraged when their dreams don't materialize. Others resign themselves to careers that bring them money and status but aren't fulfilling. In both cases, over time, the sense of purpose can begin to diminish. Without a pessimistic mind, let's try to enjoy life even with all the restrictions it comes with; let's try to pursue our goals even if the future seems unclear right now. Amidst all the chaos, let's find our Ikigai!

The magazine Editorial team has made a humble effort to develop an enriching reading experience and provide the readers with a holistic view of the academic year 2020-2021 in the form of FragMag 2021 by working under the new normal without meeting physically even once to build this magazine. For ease of access in the digital sphere, the magazine has been released in a series of episodes and displayed on the official FragMag website.

Episode1 – Inception

The first episode of our annual magazine FragMag encompassed the basic essence of our theme for the year - "Finding Ikigai" along with administrative and Editorial reports.

Episode2 - CRCE Times

Regardless of the gripping Coronavirus, our councils kept pace towards finding their Ikigai and brought us some of the most exhilarating events throughout the academic year 2020-2021 . Along with a report of the various events, this episode of FragMag 2021 brought the absolutely remarkable

works of literature expressed in our regional languages Hindi and Marathi by our talented CRCEites.

Episode3 - Destination: Self Actualization

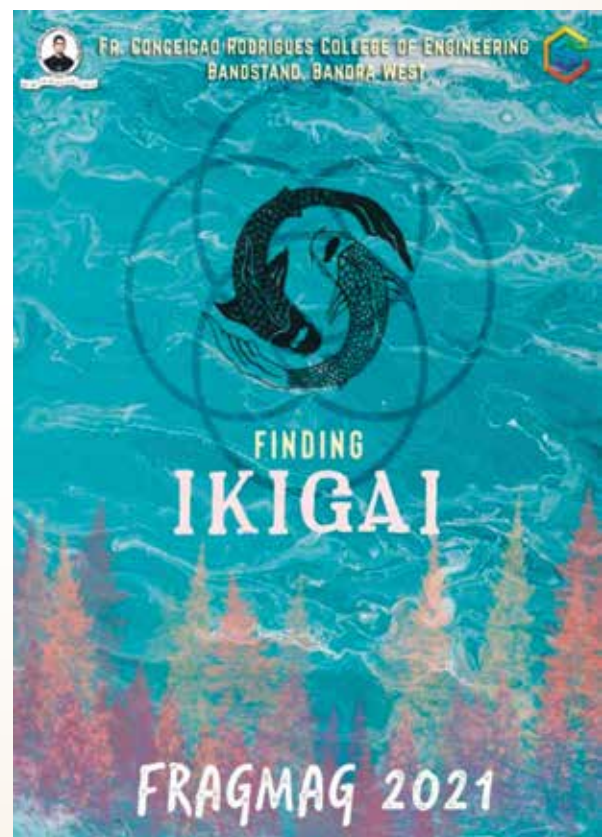
The journey towards Self-Actualization is filled with obstacles and hurdles that one has to overcome to find their Ikigai. The lockdown has been hard on everyone. Therefore with a hope of finding a path towards ikigai, this episode brought a series of creative and tech-savvy articles composed and curated by our very own talented CRCEites.

Episode4 - Meraki

Meraki is the feeling and essence of yourself that you put into your work. When you put your heart, soul, creativity and love into your work it reflects the person that you are.

This episode consisted of the various artworks and photographs submitted by our students and teachers.

Episode5 - A Unique Odyssey



Agnel Happenings

Here's to the ones who were triumphant in finding their Ikigai - Be it in winning college events or venturing into a business of their own. Chasing a dream didn't seem ideal, but they managed to thrive, overcoming all odds. No matter how big or small, here are our own CRCEites who have found their ikigai and want to inspire others to find theirs too. This episode encompassed inspiring stories of startups by our own CRCEites.

The campus of Fr. Conceicao Rodrigues College of Engineering, a second home to all of us, is something we haven't been to in over a year and sooner rather than later this very feeling of longing for a home that no longer exists is bound to take over us. This episode also provided an opportunity for the students to reconnect with their roots and get back in touch with the witty BE One Liners and commendable achievements of our fellow CRCEites.

The FragMag team consisting of Dr. Ketaki Joshi (Convenor and Marathi Editor), Prof. Deepika Singh (Hindi Editor), Dr. Joseph Rodrigues (English Editor), Ms. Saloni

Khanna (Editorial Secretary), Student editors - Ms. Tanisha John and Mr. Shivam Yadav, design team led by Ms. Gautami Thakur, technical team led by Mr. Yameen Ajani, Mr. Ninad Shetty (General Secretary- Students' Council) and junior council has made a humble effort to motivate students and staff members to push past the seemingly never-ending ordeal of the pandemic and provide everyone with a platform to showcase their talents. The team would like to acknowledge with heartfelt gratitude the blessings and support received from Rev. Fr. Peter D'souza, Rev. Fr. Valerian D'Souza and Dr. Srija Unnikrishnan. This release would not have been possible without the guidance, support and continuous encouragement received from Dr. Deepak Bhoir (Dean of Students Affairs).

Our students thrived, overcoming all odds to find their Ikigai!

Please visit the link for the full coverage: <https://fragmag2k21.netlify.app/>

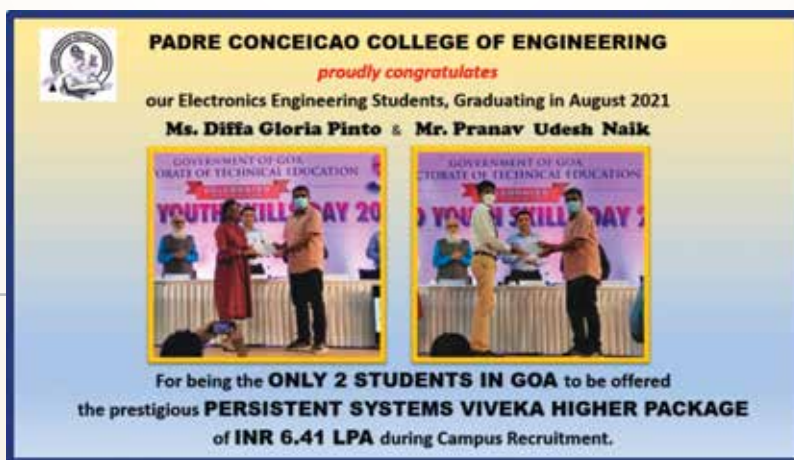
OR <http://www.frcce.ac.in/index.php/students/students-council/fragmag-2021>

Padre Conceição College of Engineering, Verna Students Felicitated by Chief Minister of Goa

Students of Padre Conceicao College of Engineering, Verna, were felicitated by the Chief Minister of Goa, for their excellent performance during Campus Recruitment 2020-21.

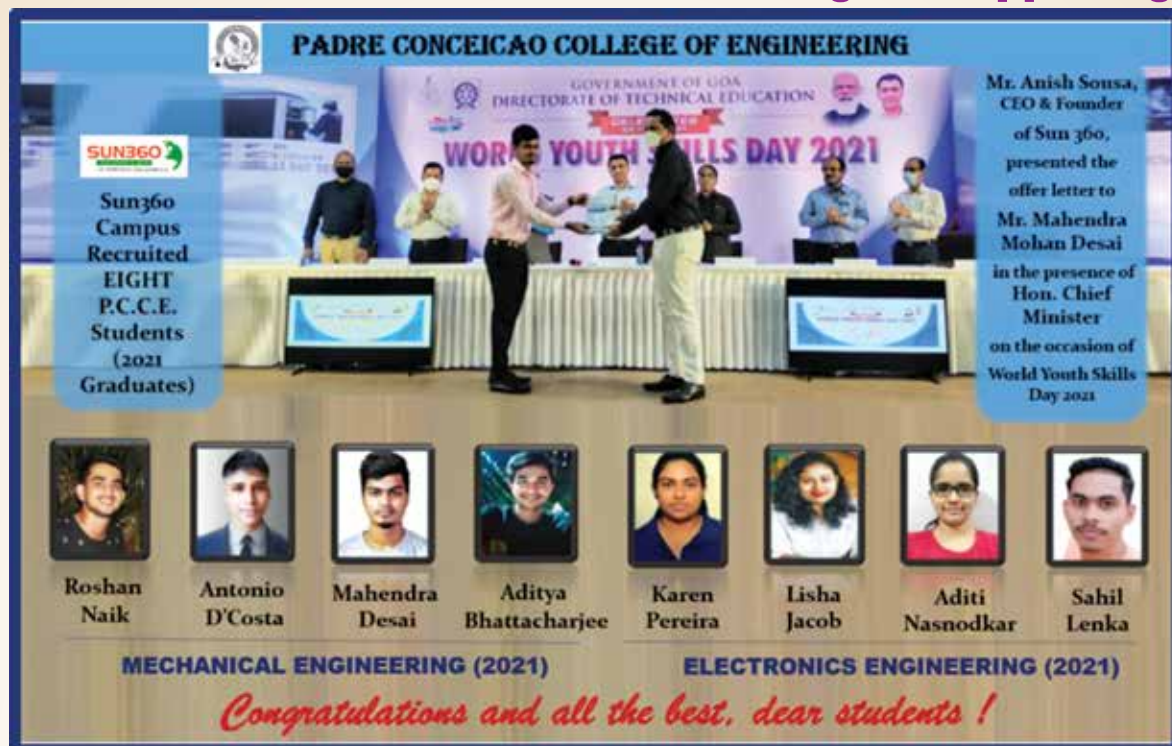
Persistent Systems is the biggest recruiter in Goa. Ms. Diffa Gloria Pinto (ETC dept.) and Mr. Pranav Naik (ETC dept.) were the only 2 students in Goa to be offered

the prestigious Persistent Systems Viveka Higher Package.



8 Mechanical Engineering students were hired by Sun 360, the highest number of Mechanical Engineers to be hired on-campus by a single company in the state.

The event was organised by the Directorate of Technical Education, Goa, on the Occasion of World Youth Skills Day on 15th July 2021.



Goa's First Engineering Recruitments

Padre Conceicao College of Engineering, Verna is proud to share with you that Indus Valley Partners, Mumbai recruited 5 THIRD-YEAR STUDENTS ON-CAMPUS, with dream offers of INR 7.52 LPA on 22nd July 2021. This was the FIRST RECRUITMENT for engineers

graduating in 2022 in Goa.

Hearty congratulations to Ms. Sakshi Palekar, Ms. Nadia Fernandes, Mr. Durrant Furtado, Mr. Sahil Shirodkar and Mr. Amar Narute for this amazing accomplishment.



P.C.C.E. Students Win First Place In “Fintech Quiz”

A FinTech Quiz Competition was organised by Indus Valley Partners Mumbai, as a Pre-Campus-Placement Event for the Third Year students of Padre Conceicao College Of Engineering (PCCE) and Goa Engineering College (GEC) on 16th July 2021. It was a highly competitive, fun and nail-biting contest between 12 teams from the two colleges.

The FIRST PRIZE was bagged by PCCE Computer Engineering Students Mr. Vishrut Mangoli, Ms. Ayushi Mishra, Mr. Sagar Bandodkar and Mr. Durran Furtado. The 2nd Prize was won by a team from GEC.



Webinar on “Financial Automation”

Padre Conceicao College of Engineering Training and Placement Cell organised a Webinar on “Financial Automation” on 15th July 2021. The event was jointly coordinated in collaboration with the Directorate of Technical Education, Goa, to commemorate World Youth Skills Day 2021.

The skills and technologies required for Finance Automation are very important in today’s digital age. “Fintech” is a portmanteau of the terms “finance” and “technology” and refers to any business that uses technology to enhance or automate financial services and processes. From mobile banking and insurance to cryptocurrency and investment apps,



Financial Automation has a seemingly endless array of applications.

Société Générale S.A. often nicknamed “SocGen” is a French multinational investment bank and financial services company headquartered in Paris, France, with branches in India’s metro cities. The Resource Person for the Webinar was Mr. Amar Pai Fondekar, one of

SocGen’s main Technical Leads, with experience in handling operations in India and Paris. Mr. Amar is a P.C.C.E. Alumnus of the Information Technology Department. He graduated in 2010 and is currently based in Bangalore.

Webinars on “Profile Building” and “Corporate Expectations”

Mechanical Engineering students of P.C.C.E. - **Roshan Naik, Mayuresh Naik, Pralesh Kirlosker, Yuvraj Ghorpade and Sparsh Naik**, along with their guide Assistant Professor Mohnish Borker devised a unique technique to generate fuel from plastic waste.

The fuel obtained, generally termed as Polyfuel,

is available in three phases—gaseous fuel, liquid fuel and solid char and is similar to Diesel. The conversion rate of waste plastic to liquid fuel is as high as 90%.

This project won the prestigious Prototype Funding from the Goa State Innovation Council (GSInC).

See pics on pg 19

ACM Student Chapter Inauguration

P.C.C.E.’s Student Chapter of the Association for Computing Machinery (ACM) was inaugurated on 28th May 2021. The inauguration was followed by the power-packed webinar on “Security and Trust” by the ACM Eminent Speaker Mr. Kaarthik Sivakumar, Principal Engineer at Cisco Systems

The event was jointly organized by the departments of Computer Engineering and Information Technology. The faculty coordinators were Mrs. Louella Colaco and Mrs. Ravina Quadros.

The workshop was attended by 200+ ACM students and faculty members.

Webinar on Admission

Agnel Polytechnic, Vashi conducted a Webinar on the topic “Career in Engineering” on June 10th 2021. It was held through Zoom platform and telecast live on YouTube. About 180 candidates took advantage of this webinar. The webinar focussed on how to make a career in Engineering. Mrs. Seema Kshirsagar faculty in Civil Engineering department informed about the process of securing admission in Engineering through ITI, Diploma and through HSC. She listed down the documents required for admissions and emphasised on the importance of keeping necessary documents ready before the admissions.

Principal of Agnel polytechnic, Mrs. Saly Antony explained about the institute and of the various courses offered in the college. Agnel polytechnic is offering Diploma in Civil Engineering, Mechanical Engineering, Automobile Engineering, Electronics & Computer

Engineering and Artificial intelligence & Machine learning. Principal Madam also shared the success details of the students who had won state level ranks and appreciated the hard work of the faculty for the dedicated teaching and the effective teaching /learning process that happens at Agnel Polytechnic. She also mentioned about the excellent infrastructure facilities, the co-curricular and extra-curricular activities that take place regularly for the overall growth of the students.

Managing director of Agnel Technical Educational Complex, Vashi, Rev. Fr. Saturnino Almeida appreciated the Principal and faculty for guiding students in achieving excellence in academic and extra-curricular activities. The alumni of Agnel Polytechnic shared their experiences as a student of this polytechnic and how the opportunities for all-round personality development provided at Agnel Polytechnic

helped them rise in their career.

A question and answer session was held towards the end of the webinar to clarify all queries related to courses, career opportunities and admission process. The Heads of the different

departments cleared the doubts in the minds of the candidates by answering all their questions.

The webinar lasted for three hours. Candidates and parents/guardians found the webinar very useful.

P.C.C.E. Students Win Project Funding Competition by Sun 360

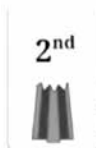
An Innovative Project Competition was sponsored by Sun 360 under the banner of Aarush 2021 – International Industry-Academia Symposium, organised by P.C.C.E. in association with Institute Innovation Council. The competition was sponsored in memory of late Amey Mayanath, alumnus of PCCE. Three of the best projects were awarded by Sun 360. The students received trophies, certificates and a cash prize of Rs.10,000/-. The event was attended by Rev. Fr. Agnelo Gomes, Director of

Agnel Technical Education Complex, Mr. Nish Souza, CEO and founder of Sun 360, Dr. Niyam Marchon, Chief Coordinator of Aarush 2021, Heads of departments, faculty members and prize winners.

We thank Mr Anish Souza, Founder and CEO of Sun 360 for this wonderful opportunity for our students.

The Prize Winners of the Project Funding are:

1st PRIZE	Glaucoma Detection Using Fuzzy C Strange Points Clustering Algorithm and Classification by Final Year Students of Computer Engineering, under the guidance of Dr. Terence Jhonson.
2nd PRIZE	Novel Natural Fibre Reinforced Polymer Composite as a Substitute for Glass Fibre Reinforced Polymer Composite by Final Year Students of Mechanical Engineering, under the guidance of Mr Pushparaj Pingulkar.
3rd PRIZE	WebVote - Blockchain-based Online Voting System by Final Year Students of Information Technology, under the guidance of Ms Megha Ainapurkar.



Sharpen Your Perceptive Powers

- Ibonio D'Souza.

Our circumstances don't define us. Regardless of what happens in life, we always have the power to choose our attitude. So what's the difference between someone who remains hopeful despite experiencing great suffering and the person who stubs his or her toe and remains angry the rest of the day? The answer lies in the person's thinking patterns.

Psychologists use the term "cognitive distortions" to describe irrational, inflated thoughts or beliefs that distort a person's perception of reality, usually a negative way. Cognitive distortions are common but can be hard to recognise if you don't know what to look for. For those desirous of recognising the pesky cognitive distortions to improve their mental health, and perception of reality, here is a list of some common ones:

Psychologists use the term "cognitive distortions" to describe irrational, inflated thoughts or beliefs that distort a person's perception of reality, usually a negative way

1. Emotional Reasoning: This is the false belief that your emotions are the truth - that the way you feel about a situation is a reliable indicator of reality. While it is important to listen to, validate, and express emotion, it is equally important to judge reality based on rational evidence.

2. Polarised Thinking: When you are convinced that you are either destined for success or doomed to failure, that the people in your life are either angelic or evil, you are probably engaging in polarized thinking. This is unrealistic and often unhelpful because most of the time reality exists somewhere between the two extremes.

3. Overgeneralisation: When people overgeneralise, they reach a conclusion about one event and then incorrectly apply that conclusion across the board. For example, you make a low score on one math test and conclude that you are

hopeless at math in general. You have a negative experience in one relationship and develop a belief that you just aren't good at relationships at all.

4. Fallacy of Fairness: Here a person feels resentful because he thinks he knows what is fair, but other people won't agree with him. People who go through life applying a measuring ruler against every situation judging its "fairness" will often feel resentful, angry, and even hopelessness because of it. Because life isn't fair - things will not always work out in a person's favour, even when they should.

5. Always Being Right: You feel continually on trial to prove that your opinions and actions are correct. Being wrong is unthinkable and you will go to any length to demonstrate your rightness. Having to be 'right' often makes you hard of hearing. You aren't interested in the possible veracity of a differing opinion, only in defending your own. Being right becomes more important than an honest and caring relationship.

6. Self-serving Bias: Here a person attributes positive events to his own character, and negative events to external factors. Examples: You get an A for an essay and you attribute it to your own awesomeness. You get C on an essay and you attribute it to your professor not having explained what they wanted well enough!

7. Jumping to Conclusions - Mind Reading: This distortion manifests as the inaccurate belief that we know what another person is thinking. Of course, it is possible to have an idea of what other people are thinking, but this distortion refers to the negative interpretations that we jump to. Seeing a stranger with an unpleasant expression and jumping to the conclusion that he

is thinking something negative about you is an example.

8. Fallacy of Change: You expect that other people will change to suit you if you just pressure or cajole them enough. You need to change people because your hopes for happiness seem to depend entirely on them. The truth is the only person you can really control or have much hope of changing is yourself. Your happiness does not

depend on actions of others. Your happiness actually depends on thousands of large and small choices you make in your life.

You may fall into one or more of these traps or know someone who does. The good news is that cognitive distortions don't have to weigh you down like an anchor. By adjusting our automatic thoughts, we are able to influence our emotions and behaviours.

Contd. from pg 5 -Justice and Peace or Tyranny in Disguise

advocate for over four decades. "This will forever remain a stain on India's human rights record," a United Nations' human rights expert said.

The Catholic Bishops of Asia have expressed their sorrow at the death of the jailed Indian Jesuit priest, hailing him as the "latest saint of modern India's poor". Myanmar Cardinal Charles Bo of Yangon, President of the Federation of Asian Bishops Conference (FABC), said: "The Jesuit priest 'Redefined his Priesthood', extending his altar to the streets and hills of the far and wide obnoxious corners of injustice, breaking the bread of good news of human dignity and justice, especially among the indigenous (Tribals, Adivasi) people."

"In his death," the Cardinal said, the Jesuit Human Rights activist "has shone a damning light on the injustice that is becoming a norm in the world." His Eminence concluded, by expressing the commitment of the Asian Church to Fr. Stan's "dream of a new world of justice and peace".

Seventh, Leichombam Erendro (40), a Christian, was arrested on May 13, 2021 for a Facebook Post against a devilish, insane BJP activist's Tweet. He was ridiculously jailed for a flimsy, harmless social media counter post validating, "the inefficacy of cow dung and urine against Corona Virus." The Imphal (Manipur) Court freed him four days later, but the Saffron combine invoked NSA, against Erendro saying,

"His activities were prejudicial to the security of the state and to maintenance of public order!" (TOI, Tuesday, July 20, 2021). However, at God's intervention and inspiration, he has been subsequently released.

Eight, add to this the Central Government's vendetta politics on any and everyone who blocks their brutal march, be it part of a vindictive Election Manifesto ban on "Cow Slaughter," or the highly inflammable, communally polarised campaign on "Love Jihad" (an Islamophobic conspiracy theory)! Oppose these two 'vote catchers.' Finished! You will be blatantly lynched or dastardly bulldozed into nothingness!

All these eight hideous legislations and mandates mentioned above point to tyranny and terrorism in disguise! Not the peace Jesus offered the world, repeatedly!

Babasaheb Ambedkar used to say that he won't be dead as long as India's Constitution is alive. The time has come to uphold it as sacrosanct! All ye Indians listen to the alarm bells ringing and act courageously, in haste!

This comes straight from the horse's mouth: The Bombay High Court commented: "How many years will thousands of innocent people languish in jails across India?" (TOI, July 19, 2021).

Now, this gold nugget! Asia's Catholic Bishops hailed Fr. Stan as a "Martyr of the Marginalized!"

The day a woman can walk freely on the roads at night, that day we can say that India has achieved independence

- Mahatma Gandhi



FR. AGNEL'S BLESSINGS

GOT GOOD MEDICAL REPORT

Dadar: As the doctor was suspecting some cardiac disorder in me, I was advised to take an Angiography C.T. test. I was very much worried. I prayed to Ven.Fr.Agnel to get a normal report. I am now happy to inform you that by the blessing of Ven.Fr.Agnel the Angiography C.T. Report showed normal functioning of the heart.. My grateful thanks to Ven.Fr.Agnel with an offering of ₹.500.

-Dinaz Karanjia

CONSTRUCTION OF HOUSE COMPLETED

Nallasopara: I was experiencing a lot of problems while getting my new house constructed. I had to face many obstacles while obtaining permission from the authorities concerned. I prayed fervently to Ven.Fr.Agnel to help me to overcome all these problems. By the grace of Ven.Fr.Agnel construction of my house has been completed. My thanks offering of ₹.500 to the Shrine of Ven.Fr.Agnel.

-Sylvia Lemos

CURED OF URINE PROBLEM

Seraulim-Goa: My brother had an infection that showed in his urine. His veins oozed water because of which his body was swollen. Later on he was unable to pass urine and was going through a lot of pain. At this moment I prayed to Ven.Fr.Agnel to cure him of his urine problem. He is now much better and does his normal work. My heartfelt gratitude to Ven.Fr.Agnel. I pray that he may soon be declared a saint.

OVERCAME LEGAL HASSLES

Santacruz: For over a year I had been trying to get Occupancy Certificate for my building. I had to run from pillar to post but all my efforts were in vain. I was really fed up with all the legal hassles. In despair but with great hope I turned to Ven.Fr.Agnel and fervently prayed for

his intercession in this case. I am now extremely happy to inform you that by the blessing of Ven. Fr.Agnel I got the O.C. within a short time and also many other favours through his heavenly intercession. As a token of my sincere thanks an offering of ₹.1000/- to the Ashram.

-Mathew Fernandes

FERVENT PLEA ANSWERED

Dubai: Wife of my friend could not feed her new born child as her B.P. had shot up. They were very much worried. I advised them to pray to Ven.Fr.Agnel. The next day I got a call from them that her Blood Pressure had come down to normal level and she was feeling much better and could attend to her child. Their child is now keeping good health. Their thanksgiving offering follows.

-Sussan D'Souza

GRACEFUL 50 YEARS OF MARRIED LIFE

Bandra-Mumbai : We are staunch devotees of Ven.Fr.Agnel for over 50 years. We have received numerous favours from Ven.Fr.Agnel. By his grace we had a very happy married life and our children are well settled in life. Today we have completed 50 years of our married life. Moreover we are very fortunate to have an apartment very near to the Ashram. With a grateful heart we are offering ₹.3000 to the Ashram.

-Nita & Ram Gokran

SECURED JOB IN GOVERNMENT SCHOOL

Ahmedabad-Gujarat : I was praying to Ven.Fr. Agnel to bless me with a good job in Government Sector. Ven. Fr.Agnel heard my fervent plea as I am now employed in a Government School with an attractive salary. My thanks offering to Ven. Fr.Agnel is placed in the tomb box.

-Milind Engineer

Out of Their Bounty

J.D. Jerome	Mangalore	25000	S. Ramaswami	Mumbai	2000	R. Devadhia	Mumbai	1000
J.K. Tandon	Mumbai	20000	D.N. Shah	Mumbai	2000	S.K. Sebastian	Kerala	1000
B. Desai	Nashik	12000	V. Mohandas	Mumbai	2000	P.S. Chirputkar	Baroda	850
C. Wade	Australia	11178	J.G. Almeida	Nalasopara	2000	Heather & Mary	New Zealand	808
Vajani Family	Mumbai	11000	O. D'Sa	Mumbai	2000	C. Gomes	U.K.	800
G.M. Chauhan	Ulhasnagar	10101	D. D'Mello	Virar	2000	Anselmo & Rita	Mumbai	600
S.S. Rane	Nalasopara	10000	G. Almeida	Vasai	2000	K. Sequeira	Mira Road	600
S. Castelino	Dubai	10000	Subramaniam R.	Mumbai	2000	M. D'Souza	Abu Dhabi	600
N.K. Shah	Mumbai	8000	S.A. Selvaraj	T.N.	1900	R. Korgaonkar	Abu Dhabi	600
J. Gomendes	Mumbai	6000	D. Popat	Mumbai	1500	R. Shah	Mumbai	600
S. Jaimon	Virar	6000	Y. Bates	England	1411	J. Pinto	Karnataka	600
H. Hembron	Kerala	6000	C. Pathiyil	U.S.A.	1333	A.H. Malde	Mumbai	501
P. Fernandes	Mumbai	6000	C. Mehta	U.S.A.	1250	N. Transport	Mumbai	501
N. Irani	Mumbai	5091	S. Jathanna	Rajasthan	1200	P.J. Vaswani	Mumbai	501
N. Irani	Mumbai	5091	D. Thomson	Chennai	1200	J. Metawala	Mumbai	501
K.P. Kapadia	Pune	5000	V.C. Bosch	Australia	1170	D. Parekh	Mumbai	501
M.R. Mathew	Kerala	5000	M.A. Anto	Kerala	1100	A. George	Kerala	500
J. A. Saldanha	Mumbai	5000	Dhun Edulji	Mumbai	1100	V. Pais	Karnataka	500
M.G. Daniel	Pune	5000	Dharia Edulji	Mumbai	1100	C.S. George	Kerala	500
P.J. Joseph	Bangalore	5000	U. Koshy	U.S.A.	1076	G. Veeramani	Chennai	500
Y.I. Khalpay	Mumbai	5000	E. Sealy	U.S.A.	1060	S. Gandhi	U.K.	500
J. Pereira	Mumbai	5000	G. Anand	Thane	1001	S. Abraham	Kerala	500
M. V. D'Souza	Bangalore	5000	N Kurian	Kerala	1000	R. Arango	Goa	500
S.S. Singh	Mumbai	5000	C. D'Souza	Mangalore	1000	Joy K.V.	Kerala	500
I.B. David	Mumbai	5000	G. Joseph	Kottayam	1000	P. Ladiwala	Mumbai	500
J. Machado	Mumbai	5000	V.A. De Couto	Mumbai	1000	S.A. Fernandes	Mumbai	500
P.C. Roche	Kuwait	5000	P.R. Mohite	Mumbai	1000	J. John	Ahmedabad	500
P.C. Roche	Kuwait	5000	P. Lobo	Mumbai	1000	P.D'Costa	Karnataka	500
V. Mathew	Kuwait	5000	V. Varghese	Delhi	1000	A. Paranjpe	Mumbai	500
R. Albuquerque	Australia	5000	Jeyaraj	T.N.	1000	F.S. Vaz	Vasai	500
P. Gaikwad	Mumbai	5000	M. Parackal	Kerala	1000	R.R. Mattar	Vasai	500
T.R. Almeida	Vasai	5000	C. Fernandes	Mira Road	1000	M.T. Nadar	Mumbai	500
Co. Fernandes	Vadodara	5000	V. Chacko	Kerala	1000	P. Lopes	Nalasopara	500
A. Deshpande	Belgaum	5000	K.K. Karkaria	Mumbai	1000	R. Macwan	Mumbai	500
N. Mundianickal	Kerala	4000	Mody Brothers	Mumbai	1000	F. Menezes	Kalva	500
V.B. Tenkale	Mumbai	4000	C. Joseph	Thane	1000	E. Dalmet	Vasai	500
L. Lyman	Mumbai	4000	R. Nisar	Mumbai	1000	T. Mody	Dahisar	500
E. Rebello	Mumbai	3500	M.N. D'Cruz	Malaysia	1000	R. Shah	Mumbai	500
L. Lopes	Vasai	3500	L. Martis	Canada	1000	R. D'Souza	Mumbai	500
F.D. Bathena	Mumbai	3300	L. Martis	Canada	1000	E. Pereira	Mumbai	500
X.A. Shahiwalla	Mumbai	3000	A. Bellett	Australia	1000	J. Shah	Mumbai	500
V.M. Fernandes	Kerala	3000	W. Joseph	Mumbai	1000	K. Khodaiji	Mumbai	500
D. Limogiannis	Australia	2550	V.S. Bilollikar	Mumbai	1000	A. Dantes	Mumbai	500
P.M. Mehta	Mumbai	2501	K. Raj	Chennai	1000	S. D'Souza	Mangalore	500
T.K. Babykutty	Sharjah	2500	P. Ved	Mumbai	1000	G. Lewis	Mumbai	500
S. Gandhi	Canada	2500	M. Beloni	Mumbai	1000	C. Pinto	Mumbai	500
M. McNair	U.K.	2436	L. D'Mello	Mumbai	1000	D. Gonsalves	Nalasopara	500
M. MacAskill	Scotland	2400	T.R. Droze	Dharavi	1000	A. Joseph	Kerala	500
J.T. Charamel	U.S.A.	2329	P. Bhandari	Mumbai	1000	A. Fernandes	Mumbai	500
Kochupurackal	U.S.A.	2313	F. Benka	Virar	1000	J. Mary	T.N.	500
S. Marvekar	Mumbai	2001	M.S. Udeshi	Mumbai	1000	S. Jose	Kerala	500
G. Thomas	Kerala	2000	M. Bheda	U.K.	1000	D. David	Kerala	500
Techno Products	Chennai	2000	P. Tusciano	Nalasopara	1000	P. George	Kerala	500
S.S. D'Souza	Vasai	2000	Ankit &			L. David	Kerala	500
V. G. Dodhia	Mumbai	2000	Parth Desai	Mumbai	1000	K.S. Shah	Karnataka	500
J.P. Pinto	Dombivli	2000	R. Karanjia	Canada	1000	S. Mistry	Pune	500
						M. Mendez	Kerala	500

Webinar on 'Prile-Bulding' and ' Corporate Expectations'

PADRE CONCEICAO COLLEGE OF ENGINEERING
TRAINING AND PLACEMENT CELL
PRESENTS



Profile Building
by
Roseline Fernandes
ICT & Digital Business Partner
Government of United Kingdom
and
P.C.C.E. Alumnus,
Computer Engineering (2004)

Corporate Expectations
by
Malcolm Dias
Director and Owner
T.I.M.E., Goa
and
P.C.C.E. Alumnus,
Mechanical Engineering (2010)





Regn. No. of Publication RNI-9473/64.
Date of Publication 10th of every month
Date of posting 14th & 15th of every month.
Single copy Price Rs.15/-
Annual Subscription Rs.150/-
Total pages including cover : 20

PRN - MCN/175/2021-2023
to post at concession rate on 14th & 15th
License to post without prepayment
No. MR/TECH/WPP-87/NORTH/ 2021-2023
at Bandra Post Office, (West), Mumbai – 400 050.



Agnel Polytechnic, Vashi
NBA Accredited (CE & ME)
Journey Towards Excellence

Webinar on
Diploma Engineering Admission 2021-22
Date:-12/06/2021 **Time:- 11.00 a.m.**
(The link for attending webinar will be sent to the registered participants)

Courses Offered

- 1) Civil Engineering (CE)
- 2) Automobile Engg. (AE)
- 3) Electronics & Telecommunication Engg. (EJ)
- 4) Mechanical Engg. (ME)

About us

- ★ A renowned institute situated in the heart of Navi Mumbai
- ★ First Educational Institution Accredited by NBA in Navi Mumbai
- ★ Produced state level Academic Rank Holders and winners of various technical Competitions conducted by MSBTE.
- ★ Illustrious Alumni working in reputed companies across the world

New Courses
Approval Expected for Academic Year 2021-2022

- 1) Artificial Intelligence & Machine Learning
- 2) Electronics & Computer Engineering

Scan QR Code
for Webinar Registration & Admission Enquiry

For more details visit our website and fill the admission enquiry form or contact the given numbers

Mr. Upendra Rai
98 69 35 85 67

Mrs. Jewel Samantha
91 37 28 30 02

Mr. Satish Eandole
98 34 83 34 16

Contact Us

Agnel Technical Education Complex Sector 9-A, Vashi Navi Mumbai Maharashtra 400 703
Website:- www.apv.ac.in admission.agnel3258@gmail.com 022-27 77 10 00

If undelivered please return to:

FR. AGNEL ASHRAM

PB NO. 6656, Bandstand,
Bandra (W),
Mumbai-400050, India

Ph: 022 67114000

email: agnelashramnews@gmail.com